

## HELEYA RAD, PSY.D.

Licensed Clinical Neuropsychologist (CA PSY27849)  
Qualified Medical Examiner (QME No: 163699)

**Email:** hrad@mednet.ucla.edu

**Languages Spoken:** English and Farsi

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### POSITIONS

- 4/16 - **Persona Neurobehavior Group**  
Present Private Practice Neuropsychology Associate
- 10/16 - **Neuroscience Associates Inc.**  
Present Private Practice Neuropsychology Associate
- 4/17 - **UCLA Semel Institute for Neuroscience & Human Behavior**  
Present Clinical Faculty (voluntary)
- 2/18 - **UCLA Mary S. Easton Center for Alzheimer's Disease Research**  
7/19 **David Geffen School of Medicine, Department of Neurology**  
Neuropsychologist
- 7/17 - **USC Verdugo Hills Hospital, Department of Medicine**  
7/19 AHP Provisional Staff- Consulting Neuropsychologist
- 2/18 - **UCLA Mary S. Easton Center for Alzheimer's Disease Research**  
3/19 Clinical Trials Rater

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### EDUCATION

- 8/16 **Harbor-UCLA Medical Center**  
Neuropsychology Postdoctoral Fellowship, APPCN program
- 8/14 **NYU Langone Medical Center, Rusk Rehabilitation**  
Predoctoral Internship, APA-accredited internship
- 8/14 **Pepperdine University**  
Doctor of Psychology, APA-accredited program in Clinical Psychology  
Dissertation: *Development of a preliminary scale of counterproductive experiences in supervision: Attitudes of experts in clinical supervision*
- 8/08 **New York University**  
Master of Arts in Clinical Psychology, *MA Scholar*  
Thesis: *The effects of participation in activities and social networks on formerly homeless individuals in Housing First*

6/06

**University of California, Irvine**  
Bachelor of Arts in Psychology

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**CLINICAL TRAINING**

- 9/14-  
9/16 **Harbor-UCLA Medical Center**  
Neuropsychology Postdoctoral Fellow, APPCN, Adult Neuropsychology Clinic  
Responsibilities included conducting comprehensive neuropsychological and psychodiagnostic assessments with diverse cases (e.g., dementia, traumatic brain injury, learning disabilities, etc.) and included unique experiences (e.g., extensive performance validity testing; pre-surgical epilepsy evaluations). Provided training and supervision of doctoral students. Administered operations of the Harbor-UCLA Neuropsychology Clinic, which serves the entire LA County Department of Mental Health. Lectured on neuropsychology topics to doctoral and postdoctoral trainees.  
*Primary Supervisor:* Matthew J. Wright, Ph.D.  
*Additional Supervisors:* Marcel O. Pontón, Ph.D., & Deborah Budding, Ph.D., ABPP-CN, & Astrid Reina, Ph.D.
- 8/13-  
8/14 **NYU Langone Medical Center, Rusk Rehabilitation**  
Psychology Intern, APA-Accredited Predoctoral Internship  
Rotations: Adult Outpatient (9/13 to 3/14) Adult Inpatient (3/14 to 8/14)  
Conducted comprehensive neuropsychological and psychological evaluations and screening for patients with neurological disorders (e.g., cortical and subcortical dementia, stroke, traumatic brain injury, etc.). Provided cognitive remediation and psychotherapy in individual and group formats. Provided treatment in the 5- month intensive brain injury day treatment program.  
*Supervisors:* Robert Gordon, Psy.D., Ilana Grunwald, Ph.D., David Litke, Ph.D., Barbara Cicero, Ph.D., & Kristine Kingsley, Psy.D., ABPP-RN
- 8/12-  
7/13 **VA Long Beach Healthcare System**  
Neuropsychology Predoctoral Extern  
Conducted clinical interviews and neuropsychological assessments in an outpatient clinic with veterans referred for various medical, neurological, and psychiatric disorders. Reviewed medical charts and wrote reports integrating patient history, relevant literature, and available neuroimaging studies.  
*Supervisor:* Duke Han, Ph.D., ABPP-CN
- 7/12-  
7/13 **UCLA Medical Psychology Assessment Center**  
Neuropsychology Predoctoral Extern  
Provided comprehensive neuropsychological evaluations with adults (outpatient and inpatient) with a broad variety of clinical issues (e.g., epilepsy, psychiatric disorders, Parkinson's disease, etc.). Conducted clinical interviews and neuropsychological testing to participants enrolled in a research project examining the effects of exercise on cognition in multiple sclerosis.  
*Supervisors:* Delany Thrasher, Ph.D., ABPP-CN & Justin Miller, Ph.D.
- 8/10-  
8/12 **Harbor-UCLA Medical Center**  
Neuropsychology Predoctoral Extern

Conducted clinical interviews and administered neuropsychological and psychodiagnostic assessments with outpatient adults referred for a wide array of neurological, neuropsychiatric, and medical disorders (e.g., Alzheimer's disease, traumatic brain injury, stroke, etc.). Attended weekly individual and group supervision meetings, didactic trainings, and neuropsychology seminars.

*Supervisors:* Matthew J. Wright, Ph.D., Marcel Pontón, Ph.D., Craig Siders, Ph.D., & Pedro Saez, Ph.D.

3/11-  
6/12

**Kaiser Permanente Los Angeles Medical Center**

Doctoral Practicum Trainee

Conducted comprehensive neuropsychological assessment and psychodiagnostic testing of patients with known or suspected neurologic dysfunction, pediatric oncology patients, ADHD, etc. Scored assessment protocols, wrote integrative reports, provided clinical feedback, psychoeducation, and detailed recommendations to patients and their families.

*Supervisor:* Juliet Warner, Ph.D.

9/09-  
2/13

**Pepperdine University, Psychological and Educational Clinic**

Doctoral Practicum Trainee

Conducted clinical interviews, provided couples and long-term individual therapy (CBT and psychodynamic) for children, adolescents, and adults with a range of Axis I and Axis II disorders. Integrated therapeutic techniques (e.g., mindfulness). Followed emergency protocol while carrying a 24-hour pager to support all clinic clients during crisis situations.

*Supervisors:* Aaron Aviera, Ph.D., Sepida Sazgar, Psy.D., & Fiona Chalom, Ph.D.

9/08-  
9/10

**Center for Autism and Related Disorders, San Juan Capistrano; Torrance, CA**

Behavioral Therapist

Implemented 1:1 behavioral intervention (ABA) programs with children ages 2- 15, on the autism spectrum. Trained children to help increase adaptive functioning and decrease maladaptive behaviors, reduce interfering behaviors, and develop new skills (e.g., coping, self-regulation, ADL's, etc.).

*Supervisors:* Catherine Minch, Ph.D., BCBA, & Jennifer Griffith, LMFW

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**RESEARCH**

9/14-  
Present

**Los Angeles BioMedical Research Institute at Harbor-UCLA, Torrance, CA**

Harbor Neurocognitive Equipotentiality, Recovery, and Development Research Program

Supervise undergraduate and graduate research assistants in ongoing studies of individuals with traumatic brain injury. Conceptualize research questions, analyze data, and write manuscripts for publication.

*Supervisor:* Matthew J. Wright, Ph.D.

*Collaborators:* David J. Hardy, Ph.D., Deborah Budding, Ph.D. ABPP-CN, & Ellen Woo, Ph.D.

5/13-  
Present

**UCLA Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA**

Iranian Community Project (ICP), UCLA Cultural Neuropsychology Initiative (CNI)

The Iranian Community Project (ICP) was developed to address the significant health disparity and specific needs of Iranians in neuropsychological assessment. Develop linguistically and culturally

appropriate neuropsychological measures for use with Iranian and bilingual Farsi-speaking individuals. Study how diseases are expressed within the Iranian culture to understand how typical neurocognitive development evolves within the Iranian population.

*Director:* Xavier Cagigas, Ph.D

*Collaborators:* Asal Houshiarnejad, Psy.D., Jill Razani, Ph.D., & Amir Ramezani, Ph.D.

8/10-  
8/13

**Pepperdine University**, Los Angeles, CA

Clinical Supervision, Training and Professional Development Research Center

Dissertation: *Development of a preliminary scale of counterproductive experiences in supervision: Attitudes of experts in clinical supervision*

Participated in monthly lab meetings regarding the development of empirically-supported practices to enhance the quality and effectiveness of clinical supervision. Investigated the relationship between counterproductive events, features, and outcomes of supervision and developed a preliminary scale of counterproductive experiences in supervision.

*Advisors:* Edward Shafranske, Ph.D., ABPP; Carol Falender, Ph.D. & Joan Rosenberg Ph.D.

7/11-  
7/12

**Los Angeles BioMedical Research Institute at Harbor-UCLA**, Torrance, CA

The Effects of Ibudilast on Methamphetamine Dependence

Administered SCID-I/P interviews to determine substance dependence eligibility for inpatient methamphetamine research study.

*Supervisors:* Matthew J. Wright, Ph.D., Steven Shoptaw, Ph.D., & John Tsuang, M.D.

8/10-  
10/10

**Los Angeles BioMedical Research Institute at Harbor-UCLA**, Torrance, CA

Cognitive Functioning in Retired Professional Football Players

Interviewed and administered neuropsychological and psychodiagnostic assessments to retired NFL football players with a history of Traumatic Brain Injury (TBI). Studied the cognitive deficits associated with hypopituitary dysfunction caused by repeat impact to the head sustained as a result of sport-related injuries.

*Supervisors:* Matthew J. Wright, Ph.D., Daniel Kelly, M.D., & Christina Wang, M.D.

6/09-  
9/10

**Center for Autism and Related Disorders**, Torrance, CA

Behavioral Topographies in Autism Spectrum Disorders

Administered and scored the Questions About Behavior Function (QABF) and Behavior Problem Inventory (BPI) survey interviews to families of children enrolled in the Center for Autism and Related Disorder program as part of a research project exploring different behavioral topographies, including self-injury, aggression, disruption, and stereotypy.

*Supervisors:* Jonathan Tarbox, Ph.D., BCBA-D & Arthur E. Wilke

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## TEACHING/DIDACTICS

2/22

Frontotemporal Dementia: UCLA Semel Institute for Neuroscience & Human Behavior, Los Angeles, CA

- 2/21 Frontotemporal Dementia: UCLA Semel Institute for Neuroscience & Human Behavior, Los Angeles, CA
- 4/20 Frontotemporal Dementia: UCLA Semel Institute for Neuroscience & Human Behavior, Los Angeles, CA
- 9/10-  
12/2 Pepperdine University, Los Angeles, CA  
Doctoral-Level Teaching Assistant  
Course Title: Cognitive Assessment  
*Course Instructors:* Carolyn Keatinge, Ph.D. & Susan Himmelstein, Ph.D.
- 1/11-  
3/13 **Pepperdine University**, Los Angeles, CA  
Doctoral-Level Teaching Assistant  
Course Title: Personality Assessment  
*Course Instructors:* Carolyn Keatinge, Ph.D. & Susan Himmelstein, Ph.D.

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## PUBLICATIONS

- Wilke, A. E., Dixon, D., Tarbox, J., J, Bishop, M. R., Kenzer, A. Peter, C., & **Kakavand, H.** (2011). Indirect functional assessment of stereotypy in children with autism spectrum disorders. *Research in Autism Spectrum Disorders*, 6, 824-828. doi: 10.1016/j.rasd.2011.11.003
- Ramezani, A., Alvani, S. R., Lashai, M., **Rad, H.**, Houshiarnejad, A., Razani, J., & Cagigas, X. (2019). Case study of an Iranian-American neuropsychological assessment in the surgical setting: role of language and tests. *Applied Neuropsychology*, 1-6.

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## PRESENTATIONS

- Litvin, P. Y., Lopez-Hernandez, D. W., Rugh-Fraser, R. A., Bueno, A., Olmos, W., Saravia, S., Graub, N., Cervantes, R., Torres, E., Bichlmeier, A., Knight, J. E., Cui, B., Zakarian, F., Fatoorechi, S., Mangassarian, S., Hardy, D., Vespa, P., Plurad, D., Hovda, A. D., **Rad, H.**, Waite, E., Fuster, J. M., Budding, D., Woo, E., Wright, M. J., (2021). Word Frequency on Fluency Tasks as Predictors as Predictors of Outcome in Moderate-to-Severe Traumatic Brain Injury. Poster presented at the 49th annual International Neuropsychological Society Meeting, San Diego, CA.
- Mangassarian, S., Lopez-Hernandez, D. W., Bueno, A., Fatoorechi, S., Olmos, W., Knight, J. E., Graub, N., Smith, K. E., Lopez, E., Munoz, I., Rugh-Fraser, R. A., Victor, T. L., Budding, D., Vespa, P., Rico, M., **Rad, H.**, Waite, E., Uguru, O., Hovda, A. D., McArthur, D. L., Plurad, D., Fuster, J. M., Woo, E., Hardy, D., Litvin, P. Y., Wright, M. J. (2021). Bilingualism Benefits Neuropsychological Function in Traumatic Brain Injury. Poster presented at the 49th annual International Neuropsychological Society Meeting, San Diego, CA.
- Rugh-Fraser, R. A., Lopez-Hernandez, D. W., Litvin, P. Y., Mangassarian, S., Fatoorechi, S., Arzuyan, A., **Rad, H.**, Waite, E., Budding, D., Vespa, P., Hovda, A. D., McArthur, D. L., Plurad, D., Fuster, J. M., Hardy, D., Woo, E., Schmitter-Edgecombe, M., Wright, M. J. (2021). Examining Various Methods of Executive Ability from Trail Making Test Part B in Traumatic Brain Injury Survivors. Poster presented at the 49th annual International Neuropsychological Society Meeting, San Diego, CA.
- Fatoorechi, S., Litvin, P. Y., Lopez-Hernandez, D. W., Rugh-Fraser, R. A., Mangassarian, S., Bueno, A., Smith, K. E., Olmos, W., Saravia, S., Graub, N., Arzuyan, A., **Rad, H.**, Waite, E., Lopez, E., Rico,

M., Budding, D., Vespa, P., Hovda, A. D., McArthur, D. L., Plurad, D., Fuster, J. M., Woo, E., Hardy, D., Wright, M. J. (2021). Assessing Memory Workload in Latinx Participants with Traumatic Brain Injury. Poster presented at the 49th annual International Neuropsychological Society Meeting, San Diego, CA.

Graub, N., Lopez-Hernandez, D. W., Litvin, P. Y., Rugh-Fraser, A. R., **Rad, H.**, Saravia, S., Bichlmeier, A., Olmos, W., Lee, M. P., Fatoorechi, S., Bueno, A., Arzuyan, A., Budding, D., Vespa, P., Hovda, A. D., McArthur, D. L., Plurad, D., Fuster, J. M., Woo, E., Hardy, D., Boone, K. B., Wright, M. J. (2020). Examining the Impact of the Recent New Dot Counting Test Cut-Off Score in Bilingualism and Traumatic Brain Injury Survivors. Poster presented at the 40th National Academy of Neuropsychology Conference, Chicago, IL.

Olmos, W., Cervantes, R., Lopez-Hernandez, D. W., Litvin, P. Y., Saravia, S., Rugh-Fraser, R. A., Bueno, A., Smith, K. E., Zakarian, F., Torres, E., Bichlmeier, A., Hernandez, K. V., Baez, A. J., Munoz, I., **Rad, H.**, Arzuyan, A., Waite, E., Hardy, D., Vespa, P., Plurad, D., Hovda, A. D., Fuster, J. M., Budding, D., Woo, E., Wright, M. J. (2021). Anxiety and Depression Symptomatology on Memory Performance in Traumatic Brain Injury Survivors. Poster presented at the 49th annual International Neuropsychological Society Meeting, San Diego, CA.

Lopez-Hernandez, D. W., Litvin, P. Y., Rugh-Fraser, A. R., Cervantes, R., Martinez, F., Saravia, S., Zakarian, F., Fatoorechi, S., Uguru, O., **Rad, H.**, Arzuyan, A., Hardy, D., Budding, D., Vespa, P., Hovda, A. D., McArthur, D. L., Plurad, D., Fuster, J. M., Woo, E., Wright, M. J. (2020). The Relationship between Bilingualism and Perceived Workload on the Symbol Digit Modalities Test in Traumatic Brain Injury Survivors. Poster presented at the 40th National Academy of Neuropsychology Conference, Chicago, IL.

**Rad, H.**, Lopez, W. D., Litvin, P. Y., Knight, J. E., Bueno, A., Rugh-Fraser, R. A., Cervantes, R., Mangassarian, S., Fatoorechi, S., Hardy, D. J., Vespa, P., Plurad, D., Hovda, D., Waite, E., Fuster J. M., Budding, D., Woo, E., Boone, K. B., Wright, M. J. Evaluation of Symbol Digit Modalities Test as a Performance Validity Measure in Acute and Chronic Traumatic Brain Injury. Poster presented at the 48<sup>th</sup> annual meeting of the International Neuropsychological Society, Denver, Colorado.

**Rad, H.**, Lopez, W. D., Fatoorechi, S., Walker, A., Lara-Ruiz, J., Hardy, D. J., Vespa, P., McArthur, D., Hovda, D., Plurad, D., Woo, E., Fuster J. M., Wright, M. J. (2017, February). *The Role of Cognitive Speed and Control in Encoding Deficits Following Traumatic Brain Injury*. Poster presented at the 45<sup>th</sup> annual meeting of the International Neuropsychological Society, New Orleans, Louisiana.

Fatoorechi, S., Walker, **Rad, H.**, Romero, E., Yeh, T., Vespa, P., McArthur, D., Hovda, D., Plurad, D., Woo, E., Boone, K. B., Fuster J. M., Wright, M. J. (2017, February). *Perceived Workload on Performance Validity Tests in Persons with and without Traumatic Brain Injury*. Poster presented at the 45<sup>th</sup> annual meeting of the International Neuropsychological Society, New Orleans, Louisiana.

Lopez, W. D., Lara-Ruiz, J., Martinez, F., Delgado, D., **Rad, H.**, Budding, D., Hardy, D. J., Vespa, P., Plurad, D., Woo, E., Fuster, J. M., Wright, M. J. (2017, February). *Role of Encoding and Retrieval in Activity Memory Following Traumatic Brain Injury*. Poster presented at the 45<sup>th</sup> annual meeting of the International Neuropsychological Society, New Orleans, Louisiana.

- Kakavand, H.**, Lara-Ruiz, J. Lopez, W. D., Amaya, S., Romero, E., Wong, D., Hong, B. J., Cervantes, Y., Martinez, F., Budding, D., Hardy, D. J., Vespa, P., Hovda, D., McArthur, D., Glenn, T., Fuster, J., Plurad, D., Woo, E., Wright, M. J. (2016, February). *Cognitive Components of Verbal Encoding Deficits Following Traumatic Brain Injury*. Poster presented at the 44<sup>th</sup> annual meeting of the International Neuropsychological Society, Boston, Massachusetts.
- Lara-Ruiz, J. Lopez, W. D., **Kakavand, H.**, Cervantes, Y., Wong, D., Hong, B. J., Fatoorechi, S., Mangassarian, S., Walker, A., Soto, A., Stark, P., Martinez, F., Budding, D., Hardy, D. J., Vespa, P., Hovda, D., McArthur, D., Glenn, T., Fuster, J., Plurad, D., Woo, E., Wright, M. J. (2016, February). *Differential Association of Activity Memory Components and Memory Process Deficits Following Traumatic Brain Injury*. Poster presented at the 44<sup>th</sup> annual meeting of the International Neuropsychological Society, Boston, Massachusetts.
- Fatoorechi, S., Lopez, W. D., Lara-Ruiz, J., **Kakavand, H.**, Mangassarian, S., Cervantes, Y., Stark, P., Walker, A., Hong, B. J., Wong, D., Soto, A., Martinez, F., Boone, K. B., Hardy, D. J., Vespa, D., Hovda, D., McArthur, D., Glenn, T., Fuster, J., Plurad, D., Woo, E., Wright, M. J. (2016, February). *Relationship between Performance Validity and Perceived Workload in Healthy Adults and Adults with Traumatic Brain Injury*. Poster presented at the 44<sup>th</sup> annual meeting of the International Neuropsychological Society, Boston, Massachusetts.
- Kakavand, H.**, Lopez, W. D., Lara-Ruiz, J., Wong, D., Amaya, S., Romero, E., Fatoorechi, S., Hardy, D. J., Fuster, J., Kelly, D., Wang, C., Swerdloff, R., Cantu, R., Guskiewicz, K., Woo, E., Wright, M. J. (2016, February). *Memory Process Deficits for Verbal Material in Retired Professional Football Players*. Poster presented at the 44<sup>th</sup> annual meeting of the International Neuropsychological Society, Boston, Massachusetts.
- Lopez, W. D., Wong, D., Lara-Ruiz, J., **Kakavand, H.**, Gibson, J., Cervantes, Y., Hardy, D. J., Vespa, P., Hovda, D., McArthur, D., Glenn, T., Fuster, J., Woo, E., Wright, M. J. (2015, February). *Event-Based Prospective Memory and Subjective Cognitive Workload Following Traumatic Brain Injury*. Poster presented at the 43<sup>rd</sup> annual meeting of the International Neuropsychological Society, Denver, Colorado.
- Wong, D., Wright, M. J., Sikora, I., Mannino, C., Corona, M., Quezada, M., Lopez, W. D., McElwee, C., Birath, J. B., **Kakavand, H.**, Vespa, P., Hovda, D., McArthur, D., Glenn, T., Fuster, J., Woo, E., Hardy, D. J. (2015, February). *Functional Outcome and Subjective Cognitive Workload Following Traumatic Brain Injury*. Poster presented at the 43<sup>rd</sup> annual meeting of the International Neuropsychological Society, Denver, Colorado.
- Siders, C., Saez, P., Geffner-Mihlsten, A., Romero, E., Martinez, F., **Kakavand, H.**, Boone, K. B., & Wright, M. (2013, February). *Detection of suboptimal effort in a clinical sample on the California Verbal Learning Test Second Edition (CVLT-II)*. Poster presented at the 41<sup>st</sup> annual meeting of the International Neuropsychology Society, Waikoloa, Hawaii.
- Warner, J., Gindlesperger, M. F., Wells, V. A., Yang, A. C., Fried, R. S., **Kakavand, H.**, & Cooper, R. M. (2012, April). *Neurocognitive late-effects of pediatric oncology: Annual screening with the KP-NCLE assessment as standard of care*. Poster presented at the annual meeting of the California Psychological Association, Monterey, California.
- Siders, C. A., Wong, A., Romero, E., Wike, A., **Kakavand, H.**, Martinez, F., Wright, M. J., & Boone, K.

B. (2012, February). *Sensitivity and specificity of the Brief Visual Memory Test-Revised (BVMTR) for detecting suspect effort in a clinical sample*. Poster presented at the 40<sup>th</sup> annual meeting of the International Neuropsychological Society, Montreal, Canada.

Wright, M. J., Obermeit, L., Siders, C. A., Kernan, C. L., Woo, E., **Kakavand, H.**, Swerdloff, R. S., Wang, C., Cantu, R. C., Guskiewicz, K. M., & Kelly, D. F. (2012, February). *The Ratio of concussions to games predicts attention in retired professional football players*. Poster presented at the 40<sup>th</sup> annual meeting of the International Neuropsychological Society, Montreal, Canada.

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## MEMBERSHIPS

International Neuropsychological Society  
American Psychological Association

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## ADDITIONAL TRAINING

Autism Diagnostic Observation Schedule, Second Edition (ADOS-2)